

Link to choices form: https://forms.cloud.microsoft/e/qJfGYgt21u

Dear Parent/Carer,

At Plymstock School, Challenge Week is a highlight of the year for students in Years 8 and 9. It gives them the chance to step outside the classroom, try new experiences, and build confidence. Year 7 Community Cohesion Week also occurs during the same week and separate details about that week will be shared in due course.

Challenge Week is closely linked to our school's values of 'be kind, work hard and aim high' and our ambition to help every student 'ride the wave of ambition'. Whether exploring new places, developing skills, or uncovering hidden talents, students come away with memories and lessons that will stay with them for life. This is an exciting week where the curriculum is enriched by providing students with activities that cannot normally take place in an average day. All students will be expected to participate in the week.

Please read through this booklet to learn more about the exciting opportunities on offer. A copy of this booklet will also be available on the school's website and will be shared via class charts.

The cost of each activity is shown and you should indicate a first and second choice for your child by completing the choices form that can be accessed here: https://forms.cloud.microsoft/e/qJfGYgt21u

Please note that deposits are non-refundable, so make sure your child selects his or her activity carefully.

Do not hesitate to contact me, or the member of staff who is organising the activity if you need further information.

Yours sincerely

D. Willcocks
dwillcocks@plymstockschool.org.uk
Personal Development Lead

REQUESTING YOUR ACTIVITY:

When you have read the booklet and made your selection, please fill in the choices form via the link below by:
Wednesday 4th November 2026

I shall then process all the forms and let you know which activity your child has been allocated to.

Choices form: https://forms.cloud.microsoft/e/qJfGYgt21u

It is possible that your second choice will be needed, so please choose this with as much care as your first choice.

A place may be reviewed based on school attendance and behaviour in school.

PAYMENT AND COSTS:

Payments for all activities need to be paid through Parent Pay. If you have any questions about paying via Parent Pay, please contact the school finance department. Further details will be provided about how to pay for your child's allocation in due course.

All activities require a non-refundable deposit. We accept instalments for higher cost activities. Payment must be made in full by the 24th May 2027. N.B for Foreign trips, payments must be made in line with the schedule provided by the Trip Leader.

Please note: Costs are projected based on spaces available and are subject to change if not at full capacity.

BEHAVIOUR:

At Plymstock School we have high expectations of the behaviour of our students when off the school premises. We must ensure that students' behaviour does not threaten the health or safety of other students, staff or members of the public, that we provide reassurance to members of the public about the school care and control over students and thus protect the reputation of the school and to provide protection to the individual staff from harmful conduct by students of the school when not on the school site.

Where a student does not behave to the expectations outlined above, Plymstock School reserves the right to remove any student from an

activity being held off school site (including day trips and residentials). Furthermore, where behaviour consistently falls below the standards and expectations within school, Plymstock School will remove the students from any planned activity, day trips, educational visit or residential. In such cases, we cannot guarantee that a refund will be provided.

HEALTH AND SAFETY:

We are aware of the potential hazards involved in adventure activities. It can sometimes be difficult, almost impossible, to create an opportunity for challenge whilst totally eliminating all risks. We hear of schools withdrawing from all types of such activity because of the risk of unforeseen danger or threat to the wellbeing of their children.

The staff involved in organising the activities have paid great attention to health and safety and some activities have been modified as a consequence. Where activities take place in a potentially hazardous environment, tuition and supervision by properly qualified instructors have been arranged. In situations where teachers at the school possess appropriate qualifications, their expertise is being fully employed to provide children with real adventure at reduced costs. Every activity included has been examined for health and safety and adequate staff/student ratios. As a result we can confidently offer a wide range of activities which are within the Education Authority's strict safety guidelines.

If you have any health and safety queries about any of the activities in this booklet, please do not hesitate to contact Mr Willcocks (dwillcocks@plymstockschool.org.uk)

RESIDENTIALS:

Residential trips are bookable via deposit payment on Parent Pay**.** Please also complete the option form via the link. If you are successful in getting a place on a residential, you must still complete the form via the link with this activity as your first choice, as well as a second choice. If you are successful in getting a place on a residential, you must still complete the form via the link with this activity as your first choice, as well as a second choice.

A deposit does not guarantee a place on an activity, a place may be reviewed based on school attendance and behaviour in school.

PUPIL PREMIUM:

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Additional funding may be available for pupil premium students. Please contact finance@plymstockschool.org.uk for more details.

IMPORTANT DATES:

Enrichment Week Booklet sent home via Class Charts announcements to parents.	Week beginning 19th October 2026
Deadline to make choices via MS Forms.	4th November 2026
Deposit payment due on parent pay to secure place on allocated activity	13th November
Letters and Consent forms via Evolve will be sent to parents during this time. Consent forms must be completed for students to attend any offsite activities.	May-June 2027
Final payment due on ParentPay – all balances should be cleared by this time.	24TH May 2027
Challenge Week takes place	Monday 12th July-Friday 16th July 2027

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RESIDENTIAL TRIPS

PARIS

PGL BARTON HALL

EXTREME CORNWALL

WATERSPORTS WEEK

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PARIS:

The trip will include a full day visit to Parc Astérix, a high adrenaline theme park to the north of Paris. A day visiting the sights of Paris itself, including the Eiffel Tower, Arc de Triomphe, Louvre and Place de la Concorde. The day will include an ascent to the top of the Tour Montparnasse for some spectacular views and a boat cruise on the River Seine. A full day visit to Disneyland Paris. A letter regarding this trip has already been sent.



This activity is run by:	Mrs Price jprice@plymstockschool.org.uk
Where:	Residential-Paris
Cost	£792

WATERSPORTS WEEK:

This trip combines adventurous training and spending time in the community. We will spend two days at Mount Batten experiencing water sports and climbing. The second part of the week will be in Mawgan Porth, Cornwall where we will have surf lessons, beach safety with the RNLI, coast paths walks and beach cleans. We will camp in Mawgan Porth and have meals in the locality which will be pre-ordered and part of the payment. Packed lunches will be required for the days at Mount Batten.



PS Heroes students will have priority places and financial support for this trip

This activity is run by:	Mrs Johns cjohns@plymstockschool.org.uk
Where:	Mount Batten and Mawgan Porth
Cost	£150

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EXTREME CORNWALL:



This trip combines adventure, personal challenge and teamwork, helping students build confidence, resilience and friendships while enjoying some of Cornwall's best outdoor locations, including sessions at Fistral Beach, Great Western Beach and Swanpool in Falmouth. Activities include surfing, bodyboarding, kayaking, paddleboarding, coasteering, sailing, canoeing, raft building, beach games and mega SUP sessions. Students will stay at the Town Lodge in Newquay, conveniently located just a short walk from Newquay's famous beaches, shops and local attractions. Accommodation is provided on a full-board basis, ensuring students are well-fuelled for a busy week of activities.

This activity is run by:	Miss Evans bevans@plymstockschool.org.uk
Where:	Newquay / Falmouth
Cost	£545

PGL BARTON HALL (TORQUAY):



Students will take part in a range of activities. For example: climbing, zip wire, archery, kayaking and challenges at the PGL centre at Barton Hall. Kit list, activities guide and food menu will be available closer to the visit.

A £65 deposit is required by Monday 9th November. More information regarding the activities at Barton Hall can be accessed here: https://familyadventures.pgl.co.uk/en-gb/centres/barton-hall

This activity is run by:	Miss E Davies edavies@plymstockschool.org.uk
Where:	PGL Barton Hall
Cost	£436

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OFF SITE ACTIVITIES

DAY TRIPS

DRAW AND EXPLORE

FISHING

GOLF WEEK

SNOWSPORTS

SURFING

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DAY TRIPS:



The week will be spent participating in a variety of activities at various venues which will include physical and mental challenges as well as the opportunity to enjoy the South West tourist sites.
Included are a day at the following venues: Adrenalin Quarry, Paignton Zoo, Woodlands, River Dart and Quay West.

This activity is run by:	Contact D. Willcocks in the first instance: dwillcocks@plymstockschool.org.uk
Where:	Daily rotation of Adrenalin Quarry, Paignton Zoo, Woodlands, River Dart and Quay West.
Cost	£175

DRAW AND EXPLORE:



The cost of the trip will include a sketchbook for each student as well as day trips to different locations. Students will have guided sketch sessions at different locations as well as time to explore and add to sketchbooks independently. The aim of the week is for students to enjoy sketching on location, learn how to capture different subject matter in a quick, loose and expressive way developing observational drawing skills as well as exploring different locations.

- The Eden Project
- The Box
- Paignton Zoo
- St Ives – Tate & Barbara Hepworth Museum
- National Marine Aquarium

This activity is run by:	Miss Harvey kharvey@plymstockschool.org.uk
Where:	Various locations-see above
Cost	£156

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FISHING:



Lake fishing is a fun and relaxing way to connect with nature and learn new skills. You'll get to explore different types of fishing equipment, learn how to set up your tackle, and handle fish safely and respectfully. Along the way, you'll discover various species of fish and how to catch them. But lake fishing isn't just about the fish - it's also about learning how to behave responsibly around the water. You'll understand the code of conduct, like keeping the area clean, respecting wildlife, and staying safe. Whether it's your first time or you've fished before, it's a chance to enjoy a new experience, meet others, and create unforgettable memories by the lake. Monday will be spent in school preparing for the week.

This activity is run by:	Miss Ziegler jziegler@plymstockschool.org.uk
Where:	Milemead Fisheries near Tavistock
Cost	£148

SURFING:



Learning to surf during challenge week at Bigbury Beach is a fantastic opportunity for students to develop new skills, build confidence, and enjoy an exciting outdoor experience. Each day begins with a two-hour surf lesson led by the professional instructors from Discovery Surf, giving students expert guidance in water safety, surf techniques, balance, and teamwork. Surfing encourages resilience and determination as students challenge themselves to master new skills and overcome obstacles in a supportive environment. After surfing, students can relax and continue the fun with a variety of beach games on the stunning South Devon coastline. These activities help strengthen friendships, improve communication and cooperation, and promote physical fitness in a healthy outdoor setting. The combination of professional surf coaching, beautiful surroundings, fresh sea air, and enjoyable team activities makes the Bigbury Beach Challenge Week an unforgettable experience that supports both personal development and wellbeing

This activity is run by:	Mr Campbell acampbell@plymstockschool.org.uk
Where:	Bigbury Beach
Cost	£212

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SNOWSPORTS (SKIING OR SNOWBOARDING):



Spend a week at Plymouth Ski Centre learning to snowboard on their new Dry slope with qualified instructors. Compete with the skiers during 2 hours of snowboarding lessons a day mixed with chill time on the Viper Drop, Snowtubes and Toboggan Run. Snowboard, boot and helmet rental is included in the cost for the week. Students will need to make their own way to and from the Ski Centre each day.

OR:

Spend a week at Plymouth Ski Centre learning to ski on their new Dry slope with qualified instructors. Compete with the snowboarders during 2 hours of skiing lessons a day mixed with chill time on the Viper Drop, Snowtubes and Toboggan Run. Ski, boot and helmet rental is included in the cost for the week. Students will need to make their own way to and from the Ski Centre each day.

This activity is run by:	Mr Wilson cwilson@plymstockschool.org.uk
Where:	Plymouth Snowsports Centre
Cost	£209

GOLF WEEK:



The week will be based at China Fleet and will include driving range sessions; short game putting and tournaments as well as holes on the course and unlimited balls. Students can bring their own equipment although the centre does have equipment to borrow. Students will need to bring their own packed lunch.

Renting of clubs will be an added cost not included in the price stated here.

This activity is run by:	Mr Woolway hwoolway@plymstockschool.org.uk
Where:	China Fleet Golf Course
Cost	£135

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ONSITE ACTIVITIES

FILM WEEK

FOOTBALL

MEDIA WEEK

PATISSERIE MASTERCLASS

TENNIS WEEK

WELLBEING WEEK

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FILM WEEK:

Join us for Film Week! From classic favourites to modern hits, immerse yourself in the magic of cinema. Enjoy screenings, discussions, and fun activities every day! Bring your friends and discover the art of storytelling through film.



This activity is run by:	Mr Dale gdale@plymstockschool.org.uk
Where:	Plymstock School
Cost	There is no fee for this activity.

FOOTBALL:

Enhance your knowledge of football with Plymouth Argyle coaches. There will be the opportunity to play a range of different football games and formats including: street soccer, futsal and mini soccer. The focus will be on game play, theory, officiating and organisation to improve overall performance. The week will also include two trips: one to Home Park and one to Hub at Foulston Park.



If you choose this activity you will need to arrange your own transport to Home Park and the Hub at Foulston Park. Full details of the days offsite will be provided.

This activity is run by:	Contact D. Willcocks in the first instance: dwillcocks@plymstockschool.org.uk
Where:	Plymstock School
Cost	£93

MEDIA WEEK:

You will be based in a computer room for the week and will have the opportunity to explore different media types. You will have the opportunity to write stories independently and explore the media sources that interest you most.



This activity is run by:	Contact D. Willcocks in the first instance: dwillcocks@plymstockschool.org.uk
Where:	Plymstock School
Cost	There is no fee for this activity.

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PATISSERIE MASTERCLASS:

Day 1: Foundations of French Patisserie. You will be introduced to patisserie tools and ingredients. The day will also focus on:

- Basic doughs: pâte sucrée, pâte brisée, pâte à choux

Day 2: Creams, Fillings & Custards

- Pastry cream, crème anglaise, and ganache
- Whipped ganache and mousseline cream

Day 3: Viennoiserie & Laminated Doughs

- Croissant and pain au chocolate techniques
- Lamination process and fermentation

Day 4: Entremets & Modern Plated Desserts

- Layering textures and flavors
- Glazing, mirror glaze, and decoration

Day 5: Final Showcase & Evaluation

Learn a new practical skill every day



This activity is run by:	Mrs McNamee lmcnamee@plymstockschool.org.uk
Where:	Plymstock School
Cost	£94

TENNIS WEEK:

If you enjoy tennis or would like to improve your skills this is the week for you! Spend the week playing tennis on the school courts and further refining your skills.



This activity is run by:	Contact D. Willcocks in the first instance: dwillcocks@plymstockschool.org.uk
Where:	Plymstock School
Cost	There is no fee for this activity

WELLBEING WEEK:

A range of creative activities for students designed to promote creativity, relaxation, and positive mental health. Throughout the week, students will have the opportunity to take part in a variety of hands-on activities that encourage mindfulness and self-expression. This week is all about giving students time to relax, try new things, and focus on their mental and emotional health in a supportive environment.

This activity is run by:	Contact D. Willcocks in the first instance: dwillcocks@plymstockschool.org.uk
Where:	Plymstock School
Cost	£20

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