



Year 13 Information Evening



Welcome



SIXTH FORM TEAM

Mrs Beckie Littler
Head of Sixth Form

rlittler@plymstockschool.org.uk

Cathy Jackson
Academic Mentor

SLT Link: Mr Kris Chick



Head of Sixth Form

Day-to-Day Running of Sixth Form

Pastoral Lead

Level 3 Safeguarding

Academic/Exam support

Bursary

Next steps support (e.g. UCAS, apprenticeships)



TUTORS

Mrs Richardson (13RLR)

Mrs Duff (13LLD)

Mrs Boyle/Mrs Julian (13KMB/EAJ)

Mrs McCullar/Mr Chick/Beckie (13RSM/KMC)



TIMINGS OF THE DAY

8.40 – 9.10	Registration
9.10 – 10.10	Period 1
10.10 – 11.10	Period 2
11.10 – 11.40	Break
11.40 – 12.40	Period 3
12.40 – 13.40	Period 4
13.40 – 14.10	Lunch
14.10 – 15.10	Period 5
15:10 – 16:10	Twilight



Something students need to be asking themselves: "Where do you want to be at the end of Year 13?"



5 qualities of successful students

Vision

Effort

Systems

Practice

Attitude



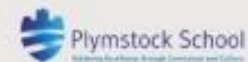
Plymouth School





UNIVERSITY OF PLYMOUTH

Tallon P	Chemistry	Jessica R	Criminology
Grace	History	Alfie S	Criminology
Georgia	Business Management with Marketing	Laura S-J	Social Work
Evie B	Business Management with Marketing	Abi T	Law
Nell H	Zoology	Amelia W	Radiography
Evie H	Chemistry	Isabelle W	Nursing (Adult)
Evie Mc	Psychology	Katie W	Psychology
Aja O	Psychology		
Necti P	Criminology		
Kelsie P	Business Management with Marketing		
Katie P	Nursing (Adult)		



DESTINATIONS 2025

YOUR SUCCESS IS OUR GREATEST ACHIEVEMENT

Edie C	Law
Oliver M	History
Christopher M	International Relations
Rosie T	English
Zoe T	Religion, Culture & Society
Ruby T	Psychology
Freya W	Theology & Religion

UNIVERSITY OF EXETER



DESTINATIONS 2025

YOUR SUCCESS IS OUR GREATEST ACHIEVEMENT

DURHAM UNIVERSITY

Emilia S Chemistry

EDGE HILL UNIVERSITY

Lawrence S Film, Broadcast & Production

LIVERPOOL MEDIA ACADEMY

Lauren P Music Performance and Industry



DESTINATIONS 2025

YOUR SUCCESS IS OUR GREATEST ACHIEVEMENT

Willow C	Digital Media
Freya C	Psychology with Criminology
Joseph M	Cyber Security & Digital Forensics
Charlotte S	Psychology
Esme S	Primary Education (QTS)
Charlie S	Aerospace Engineering
Georgia W	Cyber Security & Digital Forensics

UNIVERSITY OF WEST OF ENGLAND



DESTINATIONS 2025

YOUR SUCCESS IS OUR GREATEST ACHIEVEMENT

OXFORD BROOKES UNIVERSITY

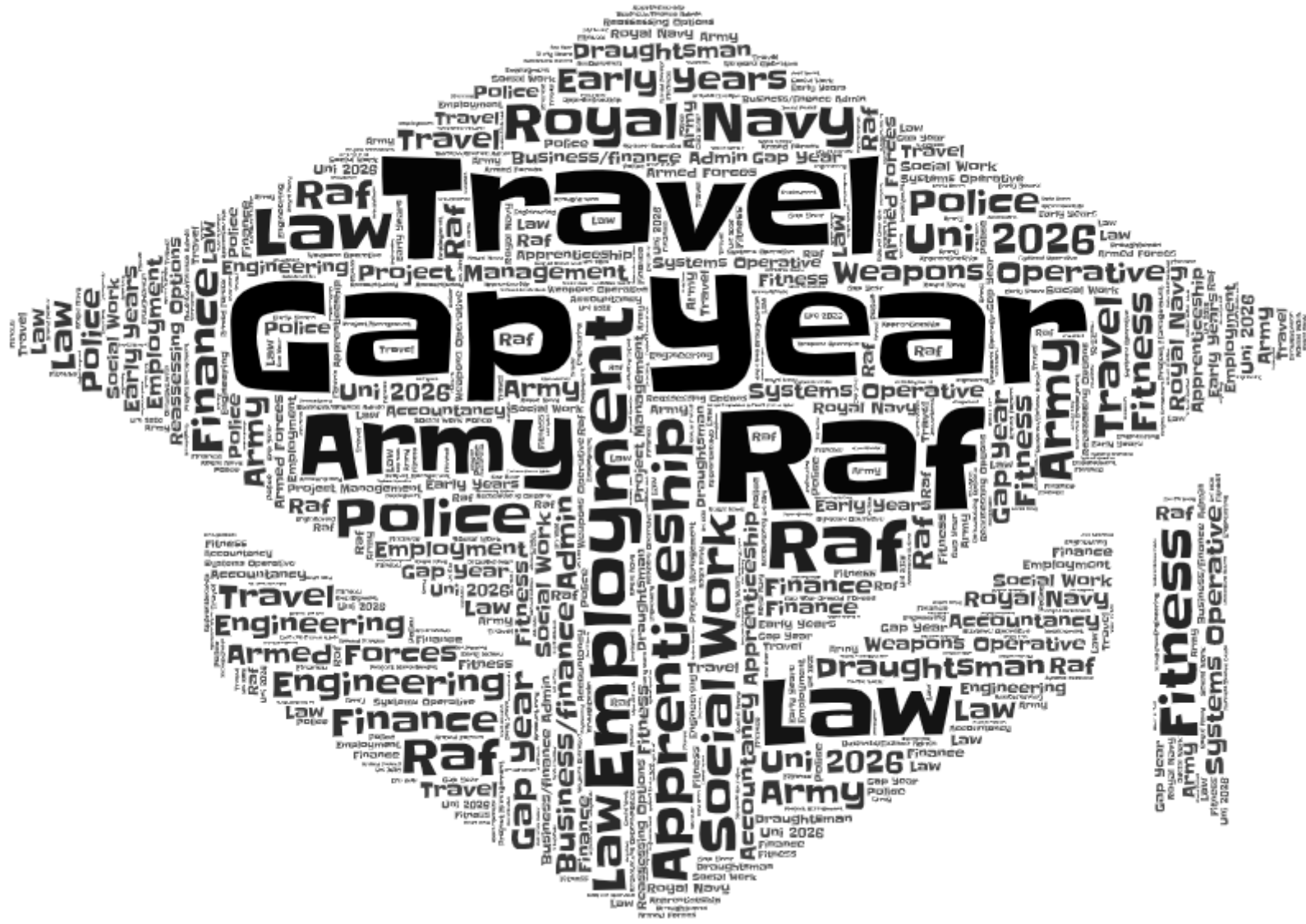
Louis H Mechanical Engineering

EDGE HILL UNIVERSITY

Lawrence S Film, Broadcast & Production

LIVERPOOL MEDIA ACADEMY

Lauren P Music Performance and Industry





Sixth Form Expectations



Sixth Form Expectations

We foster high standards of behaviour, good relationships and a mature sense of responsibility.

Excellent attendance leads to excellent results.

Expectations:

- Students must be in school every day from 8.40am – 11.10am. This includes attending registration/assembly from 8.40am – 9.10am.
- If students have no timetabled lessons after 11.10am they are allowed to sign out of school.
- Students (once they have their ID Badges) must sign in and out of school each time each time they enter or leave the school site. If students are found to not be following this Health & Safety & Safeguarding system we will revoke the privilege of leaving site during their free periods.



Sixth Form Expectations

- We expect students to set a good example to the rest of the school.
- Students represent the school whilst here and in the wider community.
- Students are expected to speak to all students, staff, visitors and members of the community politely.
- Students should wear their school lanyard with ID badge at all times around the school.
- Mobile phones must not be used around the school site (they are allowed in the sixth form area).



Sixth Form

- During non-contact time students can use the Sixth Form centre, as well as other areas of the school site (the Library, and timetabled quiet study rooms)
- Every progress check sent home will have a breakdown of lessons attended.
- Any reference provided will report attendance.
- Myself, the Attendance Team, tutors and teachers will monitor attendance. Intervention stages will occur when attendance falls.



Dress Code

In Sixth Form students do not need to wear school uniform however, we hold the expectation that students dress in a manner appropriate to our working environment.

Students must wear their Sixth Form lanyard at all times.

Sixth Form students are role models to students in Year 7-11. It is recognised that Sixth Form students have more scope to be individual in their dress. However, it is expected that you are not scruffy, and do not dress in a way which distracts you or others from their work.

The following guidance should be adhered to:-

Appropriate dress for your subject

- We have traditional expectations such as, no extremes of fashion or excessive jewellery.
- Modesty in choice of attire, don't dress for the beach, no hats indoors, no crop tops or short shorts etc.
- Visible piercings or tattoos are permitted however we ask that tattoos are covered when walking around the school site.
- Flip flops must not be worn.



Learning Expectations

- Arrive to class on time
- Have everything needed for the lesson
- Engage fully with class discussions – no passengers in a Sixth Form lesson
- Complete all work to the best of ability and be resilient when tackling challenging tasks



Learning Expectations

- 5 hours per week per subject, plus wider reading (this takes time to build up)
- If students don't understand a home learning task, they must go and see their teacher / email the teacher
- Home Learning might involve reading, learning or preparation for a lesson. If this is not done thoroughly, students won't be able to engage fully in the lesson.
- After the lesson, read through the lesson notes and ensure everything is understood.
- If students are absent they must contact their teachers for the work missed and catch up.



Learning Expectations - Golden Rules

- Before the lesson, undertake any preparation tasks or pre-reading that will support their learning and enable them to be ready to fully engage in learning.
- Do all home learning tasks to the best of their ability, maximum effort always.
- After the lesson read through the notes – consolidation is key.
- File or sort work appropriately and immediately – stay on top of organisation.



Independent Learning and Revision



5 Qualities Of Successful Students

Vision

V

Effort

E

Systems

S

Practice

P

Attitude

A



Support

Sixth Form Centre is open from 7am-5:45pm Monday-Friday

Revision Resources Station outside Beckie's office


Subject Revision Sessions

Bookable One-to-One appointments with Beckie to help with revision and study skills


1 ½ hrs of scheduled revision sessions each week during tutor time

Opening of Sixth Form during the Easter break for independent revision







Plymouth School Sixth Form A Le...








A LEVEL REVISION RESOURCES




Example Revision Timetable



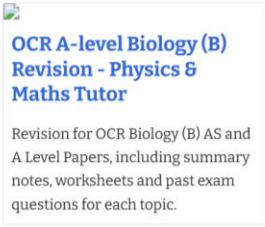
Year 12 Revision Guide



<https://sites.google.com/plymstockschool.org.uk/alevelrevision/home>



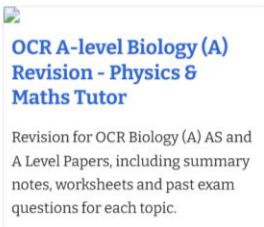
Plymouth School Sixth Form A Le...



**OCR A-level Biology (B)
Revision - Physics &
Maths Tutor**

Revision for OCR Biology (B) AS and
A Level Papers, including summary
notes, worksheets and past exam
questions for each topic.


Biology B



**OCR A-level Biology (A)
Revision - Physics &
Maths Tutor**

Revision for OCR Biology (A) AS and
A Level Papers, including summary
notes, worksheets and past exam
questions for each topic.

Biology A



My Drive > Exam Preparation Mate... > Biology A

Type

People

Modified

Source

Name	Owner	Last m...	File size
2020	me	Mar 24, 2025	—
2022	me	Mar 24, 2025	—
2018	me	Mar 24, 2025	—
2020	me	Mar 24, 2025	—
2021	me	Mar 24, 2025	—
2019	me	Mar 24, 2025	—
Biology A Spec.pdf	me	Mar 18, 2025	15.6 MB
Biology Skills Sheet.pdf	me	Mar 25, 2025	430 KB



Department ▼	Lunchtime Revision Sessions ▼	After School Revision Sessions ▼	Upcoming Support Sessions ▼	Other Resources/Support ▼
Geography		Tuesday 3:10-4:10pm Geography computer room/ Hu2		Revision guides available on Parent Pay at a discounted price. Students have all been allocated an NEA mentor and need to check in with them weekly on NEA progress. Students also will be set essay questions based on year 12 work weekly to assist with revision.
Biology B		Tuesday 3:15-4pm		Use of past papers
PE			Exam unit will not be taught until after Oct half term. We will review the need at that point	Fantastic support in the 10 hours of contact they have with their class teacher and the opportunity to arrange a 1 to 1 sessions when required.
Art/Photography		TE13 Thursday after school		
RS			DROP-INS DURING NON-CONTACT	All lessons resources are available to download on teaching and learning
Physics		Every Wednesday 3.15-4.15 mandatory		
Religious Studies			We offer 1-1 for students struggling with particular topics and will look to offer revision once students have completed their mocks	All students receive revision guides, course summaries for all aspects of the course.
Biology A		Wednesday SC7		
English Language and Literature			After half term for NEA support / revision. This would be fortnightly Thursday lunchtimes, week B.	If students want further one-to-one support, they can arrange this with their teacher for times which suit both parties.
Psychology		Thursday 3:15-4:15pm (Starting after October Half Term)	Thursday - Will start after Oct half term. Research methods will be the focus from Oct half term until Christmas. Paper 1 will be the focus from Christmas to Feb half term. Paper 2 will be the focus from Feb to Easter. Paper 3 will be the focus from Easter until the end of the exams	Will happily mark any past papers completed - arrange a time directly with Mrs Richardson . Full package of revision support materials on the T&L area (revision booklets, flashcards, assessment mats for most of the topics which contain exam style questions), Carousel Learning retrieval practice to help recall core knowledge (can use the study pack feature during independent study to make own quizzes and access flashcards) .
Health and Social Care		Tuesdays in EN8		Year 13s have been given revision resources for their exam unit which they can find on their google classroom.
Mathematics		Year 13 - Tues (Alternate between KMS and PG)		
Chemistry	Friday A - SC12	Wednesday B - SC12		
Sociology		Thursday 3:15-4:00pm (Starting in January)		
Criminology	TBC			
History	TBC			
Computer Science	TBC			
Travel & Tourism	TBC			
Business				Students have been provided with revision lists and resources. Theory Lessons will focus on revision in December.

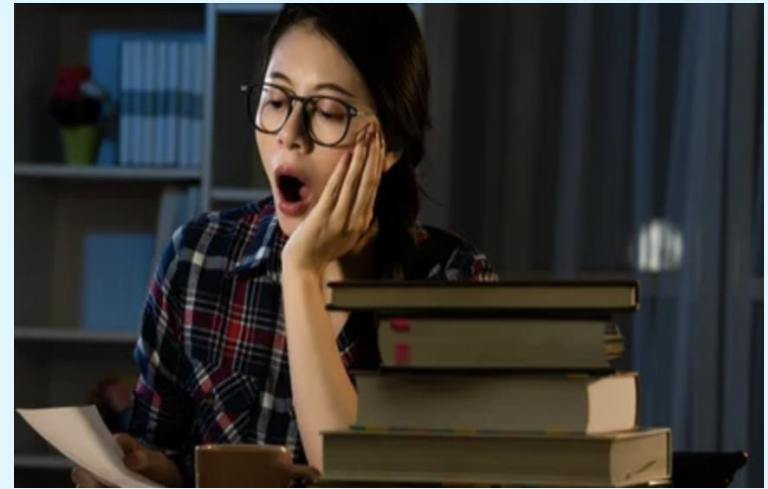
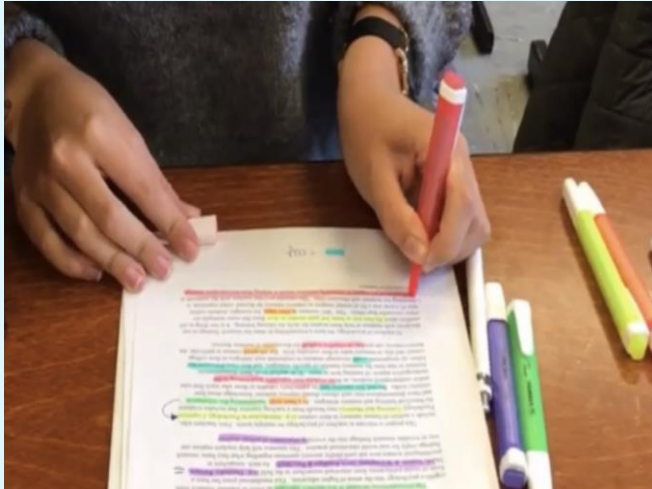


TUTOR PROGRAMME

Year 13 Tutor Programme					
Tutor	Monday	Tuesday	Wednesday	Thursday	Friday
RLR	Study Skills/Revision (Week A) Assembly (Week B)	Careers & Computer Time (LCR - Sixth Form)	Revision	Personal Development	Revision
KMB/JSB	Study Skills/Revision (Week A) Assembly (Week B)	Careers & Computer Time	Revision	Personal Development	Revision
KMC/RCL/RSM	Study Skills/Revision (Week A) Assembly (Week B)	Careers & Computer Time (UCR - Sixth Form)	Revision	Personal Development	Revision
LLD	Study Skills/Revision (Week A) Assembly (Week B)	Careers & Computer Time	Revision	Personal Development	Revision



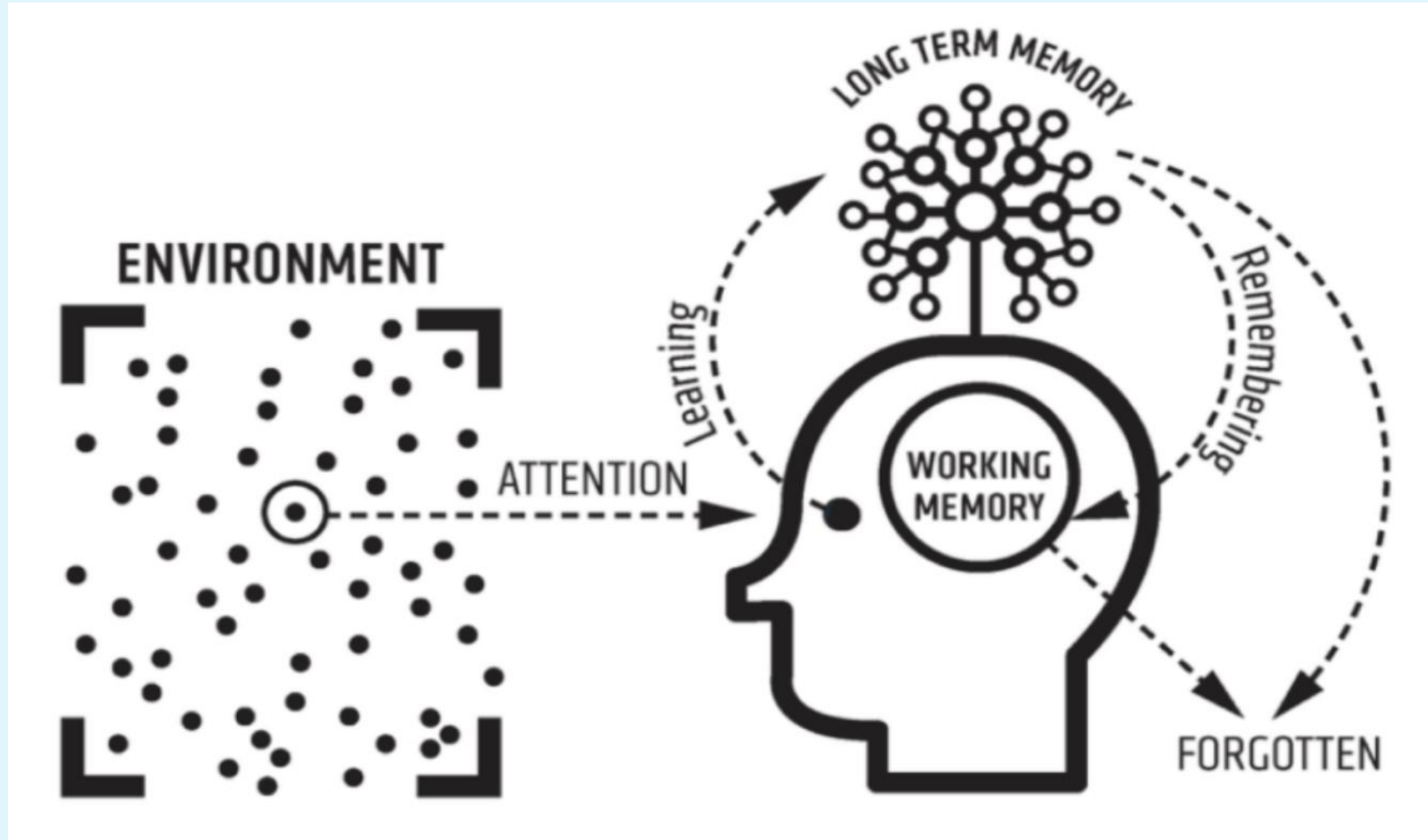
Do less of this!



- Highlighting books or notes.
- Passive reading of information.
- Cramming revision the night before tests.
- Watching videos on YouTube without action.
- Making beautiful resources.
- Listening to music whilst working.

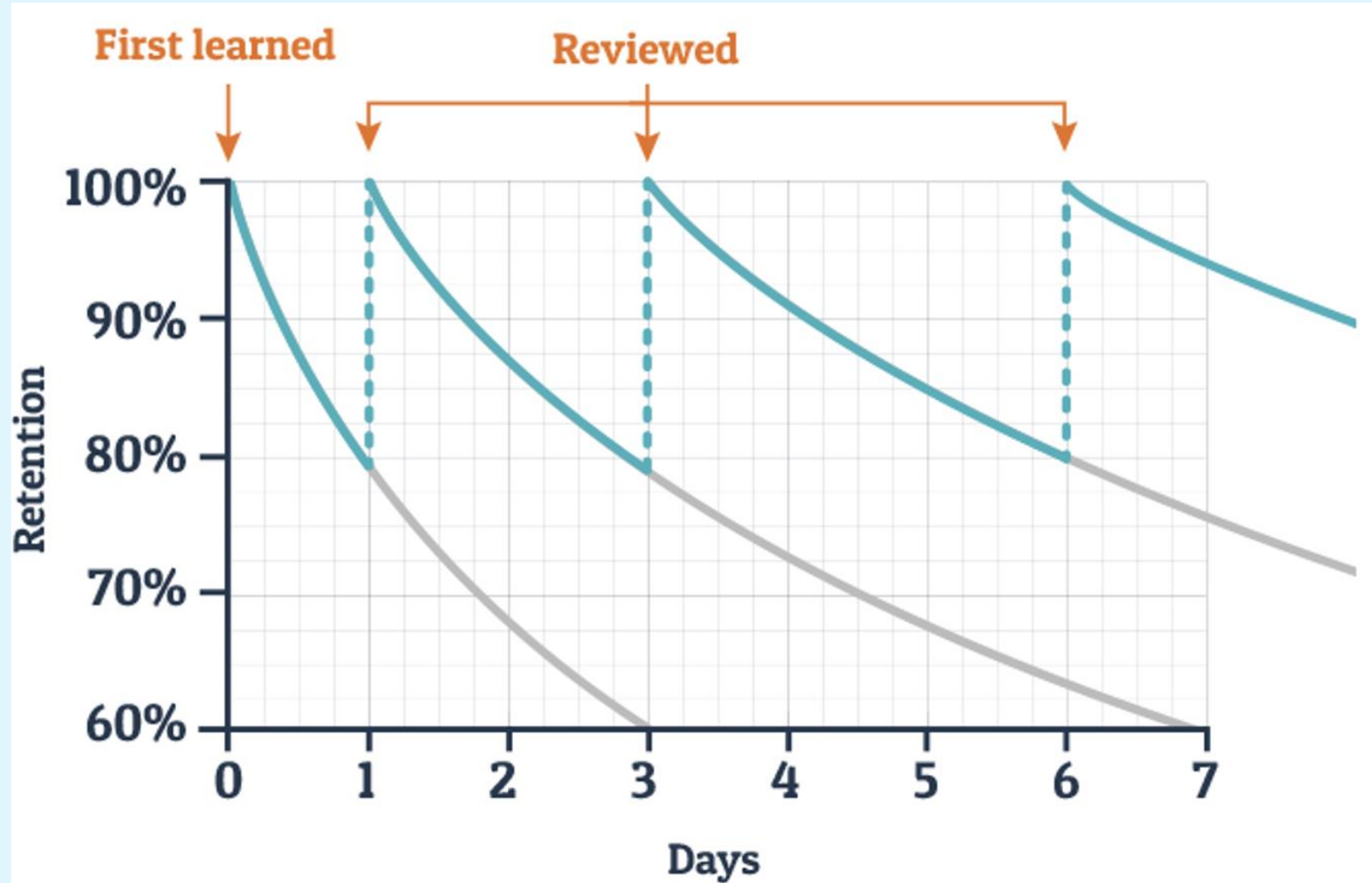


How we learn – A simple model





The Forgetting Curve





Pre-reading

- Is there anything that could be read/watched in advance before the lesson to make the content easier to understand?
- Does this link to prior learning from GCSE? Is there a PowerPoint of the lesson or other resources that could support recall in this area?
- What was learnt in the previous lesson? Do I need to recap on this before moving onto the next lesson?



Consolidation

- After we learn something new, the brain needs time and practice to stabilise the memory.
- Consolidation happens through activities like **retrieval practice, rehearsal, elaboration, and application**.
- Without consolidation, new knowledge is more likely to fade quickly.

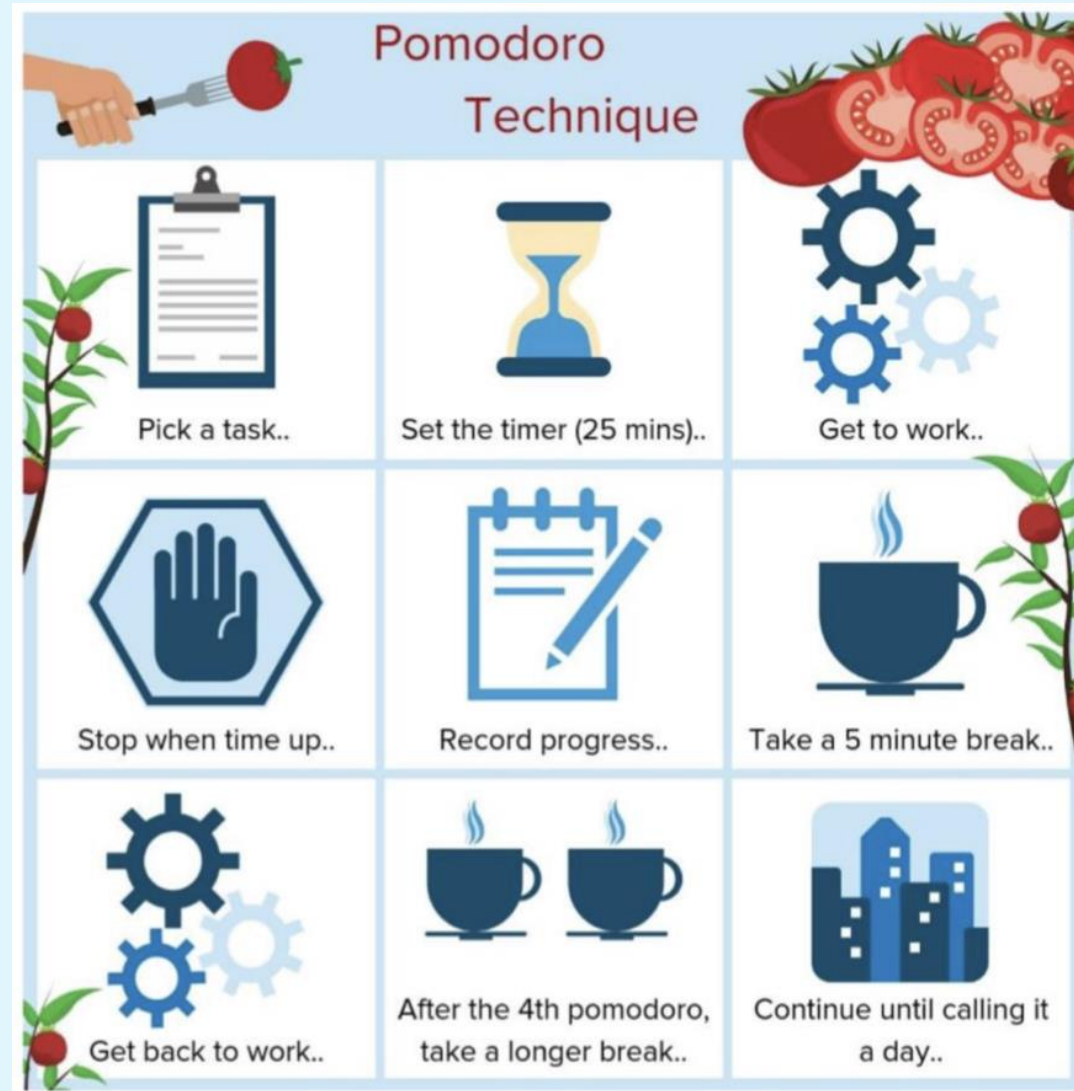


Distributed Practice

- 5 hours revising a topic over one week is better than 5 hours on one day.
- Switch between ideas during a study session and don't study the same thing for too long.
- Go over ideas again in a different order to strengthen your understanding.



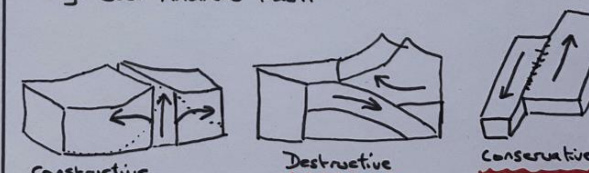
Pomodoro Technique





Cornell Notes

Date: _____ Title: _____	
<u>Cue</u>	<u>Notes</u>
<u>Summary</u>	

Date: 4/5/25 Tectonic Plate Boundaries	
<u>Cue</u>	<u>Notes</u>
What are tectonic plates?	<ul style="list-style-type: none">• The Earth's crust is divided into <u>tectonic plates</u> that move slowly.• Movements are caused by <u>convection currents</u> in the mantle.
Types of Plate Boundary	<u>Constructive (divergent)</u> - Plates move apart <ul style="list-style-type: none">• Magma rises, forms new crust.• Eg. Mid-Atlantic Ridge
What happens at each boundary?	<u>Destructive (convergent)</u> - Plates move together <ul style="list-style-type: none">• Oceanic plate subducts under continental plate• Causes volcanoes and earthquakes• Eg. Andes Mountains
Examples of locations	<u>Conservative (transform)</u> - Plates slide past each other <ul style="list-style-type: none">• Friction builds up, causes earthquakes• Eg. San Andreas Fault
Images	 <p><u>Constructive</u> <u>Destructive</u> <u>Conservative</u></p>
<u>Summary</u>	
Tectonic plates move due to mantle convection. Their movement at different boundaries creates earthquakes and new landforms. Understanding plates can explain where and why hazards occur.	



Elaborative Interrogation

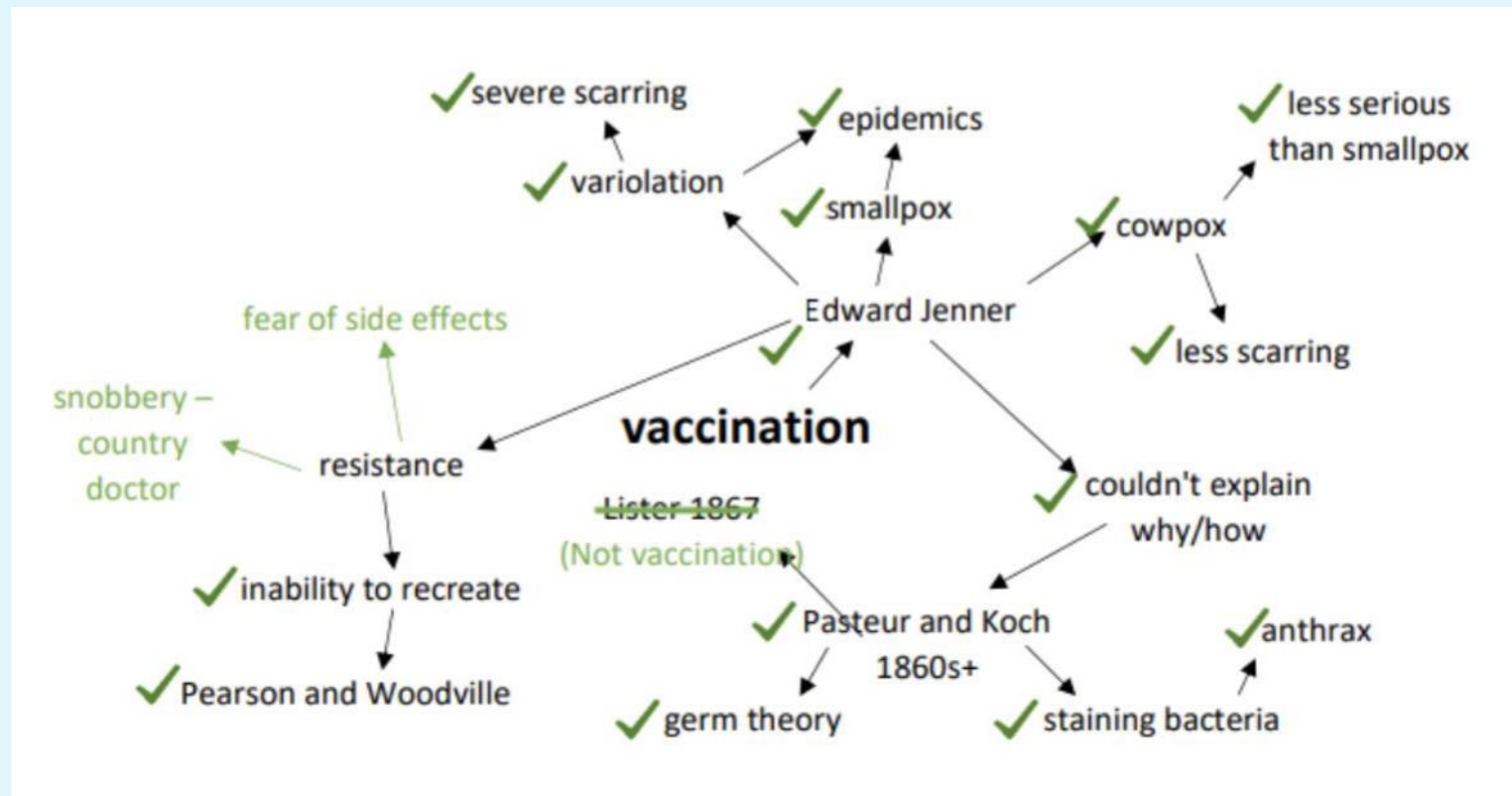
- How does X work?
- Why does X work?
- Why does X happen?
- When did X happen?
- What caused X?
- What is the result of X?

The process your child will go through to explain something to you will make them think in depth about the topic OR it will highlight for them that they do not understand as well as they thought and still have learning to do.



Knowledge Dump

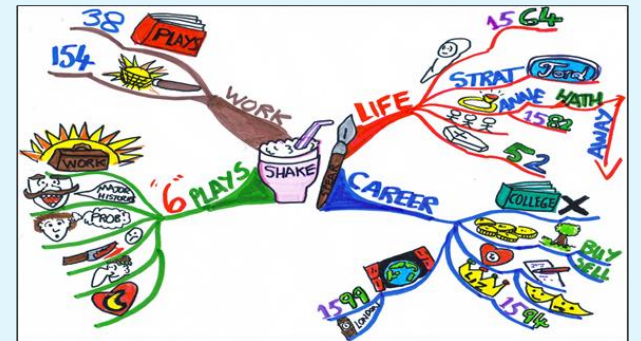
This is when you write everything you remember about a topic onto a piece of paper. When you cannot think of anything more, look back at your notes and 'green pen' anything you've forgotten.





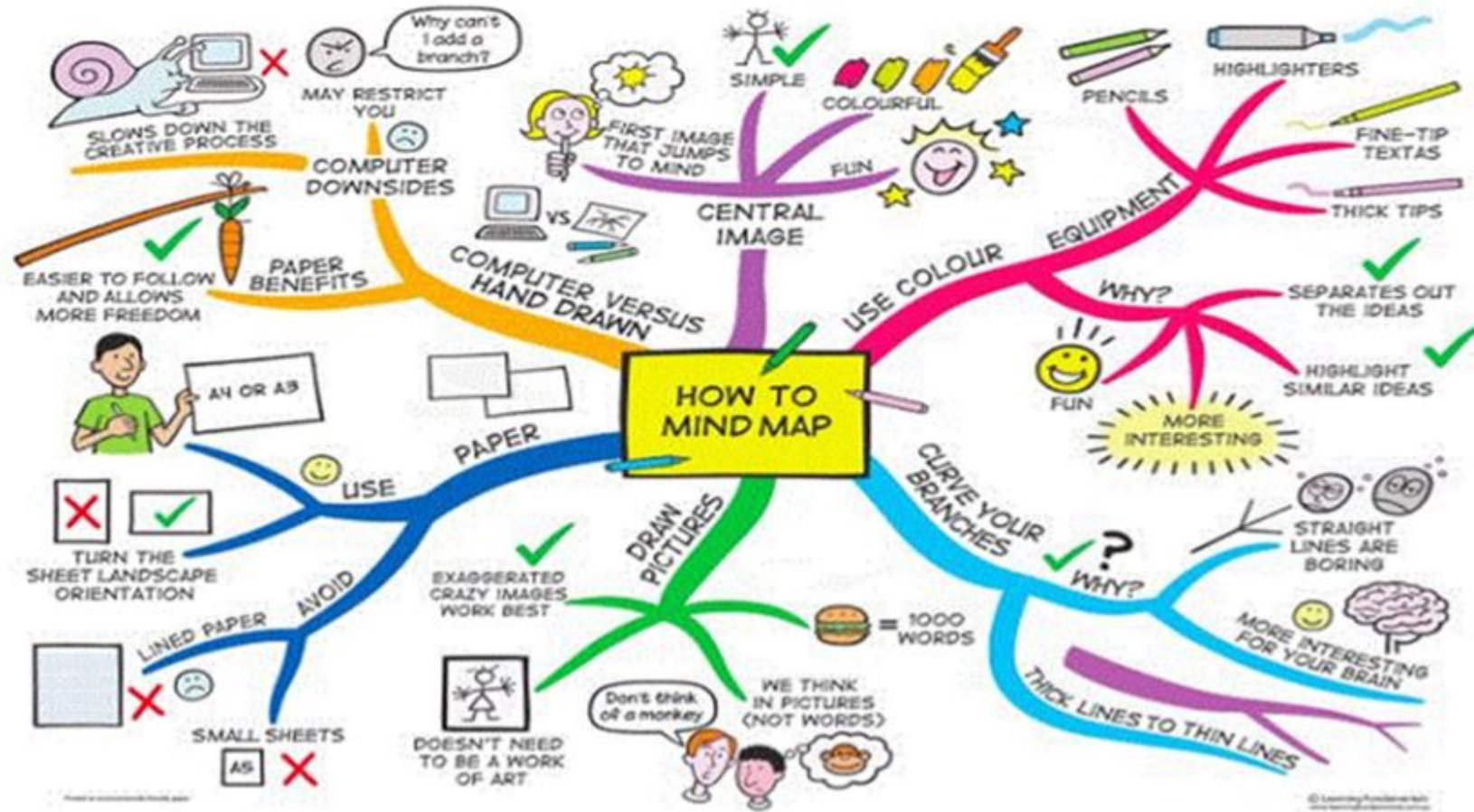
Mind Maps

- A way of organising ideas about a topic. They can be used for revision, making notes and planning essays and exam answers
- Start with a central idea with a series of branches, each relating to one of the aspects of the main idea.
- Helps us to see a whole topic on a sheet of paper
- Explain the map to a friend or family member over and over again
- Try to remember the mind map



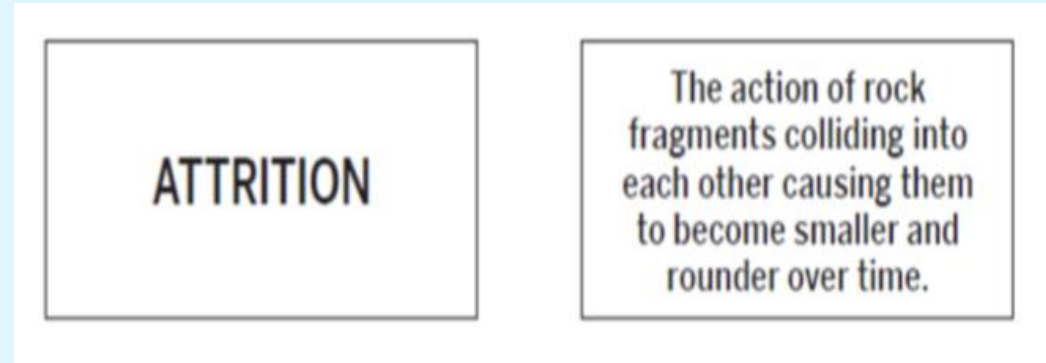


Mind Maps





Flash Cards



- Each time we recall information without seeing it in front of us, we re-consolidate prior learning.
- Repeating this process reinforces our memory of the content of that learning.
- Flashcards are a simple and effective tool for allowing students to engage in active recall, a process proven to strengthen the neuronal connections that underpin our memories.



Flash Cards

The Leitner System is a desired strategy for spaced retrieval/practice testing.

Once you have created a set of flashcards, create three boxes/areas marked as the following.

Box 1	Box 2	Box 3	Box 4	Box 5
Every Day	Every other day	Once a Week	Once a fortnight	Before the exam

Test regularly, and when you get a question correct, move it to the next box. Incorrect answers move back to Box 1.



Power Hour

Past papers or exam questions are one of the most effective ways to revision.

Using the power hour technique below combines revision and testing.

Choose past paper question/s

Firstly, you need to find past paper question/s to answer and the mark scheme.

Print of a selection of these so you have them ready for when you do power hours.

Revise

Set a timer and spend 20 minutes revising what you need to know to answer the question/s you've chosen.

Use the revision techniques you've identified as being the most successful for you.

Answer the question/s

Set the timer again for 20 minutes and answer the past paper question/s you have chosen.

You can adjust the 20 minutes depending on the type of question you are doing you may need a bit longer for an essay question.

Mark your question/s

Use the mark scheme to mark your work.

Don't skip this step. If you don't mark your work, you won't know where you are making mistakes. It will also help you learn what examiners are looking for.

Feedback

If you are unsure how accurate your marking is or you want to know how to improve, show your teacher your work. Getting feedback will help improve your confidence in your ability to analyse your work.



Use AI to support learning



ChatGPT



Copilot

Artificial Intelligence can support independent learning by:

- **Organising** notes.
- Creating study timetables and **prioritising tasks**.
- Create **practice questions, quizzes, and flashcards** on any topic.
- Provide **instant feedback** on answers and explanations of misconceptions.
- **Adapt questions** to focus on weaker areas
- **Consolidating learning** or key information after a lesson.
- Re-writing information in a way that **makes better sense**.

...and much, much more!



Do more of this!

- **Test yourself** regularly.
- Complete your **home learning** tasks.
- **Practice** applying your knowledge (Past papers, Elaborative interrogation, essay technique).
- **Plan** your independent study and **space out learning**.
- Act upon **feedback**.
- **Consolidation**.
- Most of all – Ensure you are '**thinking hard!**'



Above all...

Show Up

Work Hard

Listen to the Experts



Year 13 Key Dates



Key Dates

September-October: In-class assessments

October 15th: UCAS Early Deadline

January W/C 5th January 2026: Business, Health & Social Care, Travel & Tourism Formal Exams

January Year 13 Mocks: W/C 12th January 2026

January 14th: UCAS Equal Consideration Deadline

Summer Exams Begin: W/C 11th May

Last A Level exam: 19th June 2026

Contingency Date: 24th June 2026

Summer Ball: Friday 26th June 2026



NEA (Non-examined Assessment)

Subjects with NEA include: Computer Science, Geography, English Language & Literature, Drama & Theatre Studies, History, and Art.

Mixture of coursework units and exams: in Health and Social Care, Travel and Tourism, Business, Criminology and Sport and Physical Activity.



Working Together



How Will I Know How My Child Is Progressing?

- We monitor student progress closely – any concerns, you will be contacted by either myself or subject teachers.
- Teacher feedback on work
- Progress Checks
- Parents Evening
- Internal and External exam results



How Will I Know How My Child Is Progressing?

Class Charts:-

- Homework
- Timetable access
- Positive Points
- Negative Points
- Announcements



SHARING INFORMATION

- Parents/carers will be sent letters and messages via email and ClassCharts (Announcements)
- Students must check their school emails.
- Head of Sixth Form Instagram Page





COMMON OBSTACLES TO SUCCESS

Work / Life balance

Homework / NEA

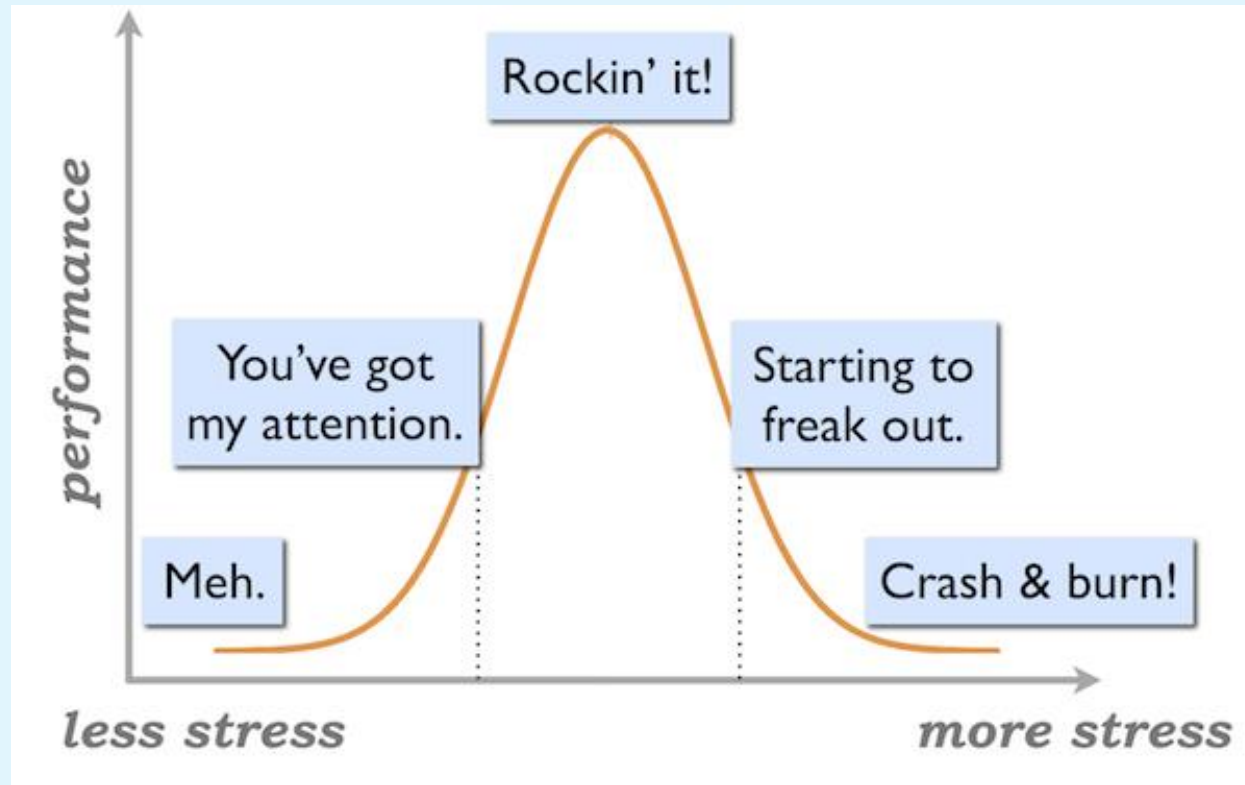
Organisation

Aspirations

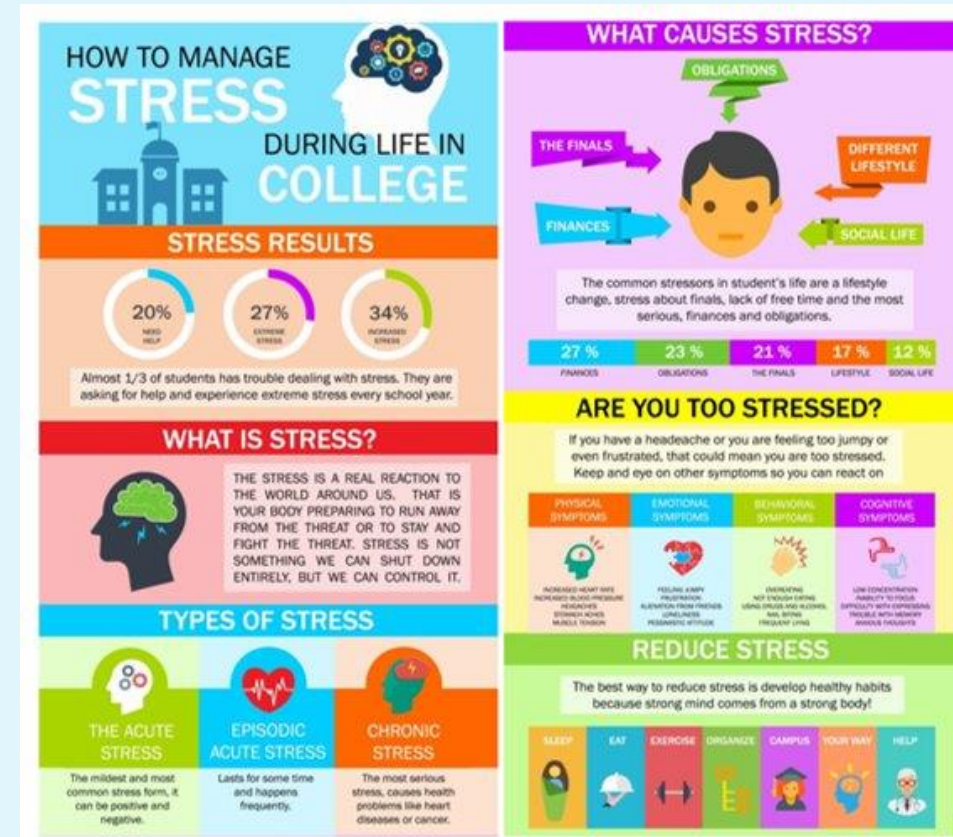
Attendance



Well-Being



<https://www.happymaps.co.uk/>





Well-Being

- Tea and biscuits
- Listening ear
- Praise
- Reassurance
- Resist the urge to put pressure when looking at assessment results (focus on what went well)
- Help them learn what works for them and what doesn't
- Contact us if you have concerns
- Help them balance their time effectively (not too much part-time work)



Sixth Form Information



16-19 Bursary

- Students may be entitled to a bursary if the household income is below a certain level.
- The bursary is provided to pay for anything they need to support their studies (up to a limit).



Post 18 Choices



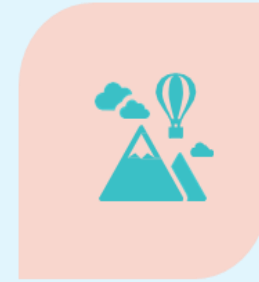
APPRENTICESHIPS



**HIGHER
EDUCATION**



**STUDYING
ABROAD**



**GAP
YEAR**



**GETTING A
JOB**



CIAG Support

After School Drop In Support

- When: Wednesday After School
- Where: Lower Computer Room
- Who For: Anyone Applying For University or Apprenticeships

One-to-one Appointments

- When: By Appointment
- Where: Beckie's Office
- Who For: Year 13

Personal Statement Workshops/Support

- When: Every Wednesday Lunchtime
- Where: SB3
- Who For: Anyone Applying For University



Apprenticeships





THE A-Z OF APPRENTICESHIPS

There are over 600 possible apprenticeship programmes which exist. It would be easier to name an industry that does not have them.

- Accounting and Taxation
- Architect
- Boat Builder
- Building Surveyors
- Civil Engineer
- Cyber Security Technician
- Data Analyst
- Doctor (from 2023)
- Early Years
- Ecologist
- Farrier
- Food Technologist
- Game Programmer
- Geospatial mapping
- Harbour Master
- Historic Environment Adviser
- Internal audit professional
- Intelligence analyst
- Journalist
- Junior 2D artist (visual effects)
- Knitted product manufacturing
- Laboratory scientist
- Licensed conveyor
- Midwife
- Marketing Manager
- Nuclear Scientist and Engineer
- Nursing
- Operational firefighter
- Orthodontic therapist
- Paralegal
- Physiotherapist
- Quality practitioner
- Rail engineer
- Research scientist
- Social worker
- Software Developer
- Teacher
- Town planning assistant
- Utilities engineering
- Veterinary nurse
- Vehicle damage assessor
- Water process technician
- Workplace pensions consultant
- Youth worker



THE APPLICATION PROCESS

- Not one deadline
- Advertised throughout the year
- Large organisations with multiple application processes may recruit earlier than smaller local organisations
- Higher apprenticeships with a Sept/Oct start date tend to recruit in the Autumn term of Year 13



APPLICATION PROCESS

- Applications are made directly through the company or the education provider.
- There is no limit on the number of applications students can make.
- The application process will vary across vacancies, students could be asked for:
 - CV and Covering Letter
 - Application Form
 - In App/Site application
- Students can apply for universities and apprenticeships at the same time!



RESEARCHING APPRENTICESHIPS

- With the following websites students can easily explore apprenticeships; learn more information and see a live selection of apprenticeship vacancies.
- Set alerts to stay up to date.



Useful Websites

- [Find an apprenticeship - GOV.UK \(www.gov.uk\)](https://www.gov.uk)
- <https://www.ucas.com/explore/search/apprenticeships?query>
- [Amazing Employers - Amazing Apprenticeships](#)
- [Apprenticeships | Prospects.ac.uk](https://www.prospects.ac.uk)
- <https://www.apprenticeships.gov.uk/influencers>





13 May 2025	UCAS Undergraduate Apply opens for 2026 entry. Conservatoire applications will open for 2026 entry on the 10 July 2025
2 September 2025	First day for receipt of completed applications.
2 October 2025	Deadline for most UCAS Conservatoires music courses. Check conservatoires websites for information.
15 October 2025*	Application deadline for courses in medicine, veterinary medicine/science, and dentistry, and courses at Oxford or Cambridge.
14 January 2026*	Equal consideration application deadline. Deadline for most conservatoire undergraduate dance, drama or musical theatre courses. You must check the specific course deadlines as these vary.
26 February 2026	Extra opens.
4 July 2026*	Last date for applications before Clearing.
5 July 2026	Clearing Opens



School Timeline

- **Stage 1 (May onwards)**

Students begin completing the online application form and start drafting Personal Statement. Ongoing personal statement feedback will be provided.

- **Stage 2 (2 weeks)**

Once a student is nearing completion of their personal statement their teacher references will then be requested. Students will need to arrange their first meeting. Their application form and personal statement will be checked.

- **Stage 3 (2 weeks)**

Once the teachers have written their subject reference we will then compile the school's reference, incorporating the subject references.

- **Stage 4**

Whilst the reference is being finalised students will need to book their 'sending off' meeting with Mrs Littler. Students need to communicate effectively about their application. Students will need to pay the application fee prior to sending off their application (or alternatively bring a debit card with them to the appointment in order to pay the application fee). Students entitled to FSM are eligible to waive the UCAS fee.

- **Stage 5 (Final Stage)**

At the 'sending off' meeting, the school's reference and predicted grades will be input, the entire application will be checked again to ensure no mistakes and will be submitted to UCAS.

Students who are applying for the early deadline (15th October) will be given priority in September. Students must be proactive, the sooner they are ready, the sooner their application can be sent.



Personal Statement

- The only section your son or daughter has control over
- Their chance to market themselves individually
- One personal statement for **all** choices*
- Maximum 4,000 characters
- Minimum 350 characters per question
- American spelling/grammar check – students are advised to put it into a word document before transferring it to UCAS.

* Sometimes universities will accept an additional personal statement.



Question 1

Why do you want to study this course or subject?

- This paragraph is normally the hardest to write.
- You don't have to start at the beginning.

Some starting points:-

- Reasons for wanting to study the subject – career aspirations
- What sparked your interest in the subject
- Wider reading



Question 2 – How have your qualifications and studies helped you to prepare for this course or subject?

- Choose 1 or 2 key areas of academic interest
- Build up links between areas of interest, super-curricular activities you have done and your own opinions
- Demonstrate development through creating clear links
- Mention what areas you are interested in within the subject
- Be specific
- What have you done to further this interest?



Question 3 – What else have you done to prepare outside of education, and why are these experience useful?

- What did you do?
- Why did you do it?
- What did you learn from that activity?
- Reflect on the skills and lessons you have learned not just what you have done
- Apply learning to experiences
- Give **specific evidence** and **examples** of areas of interest and achievement.



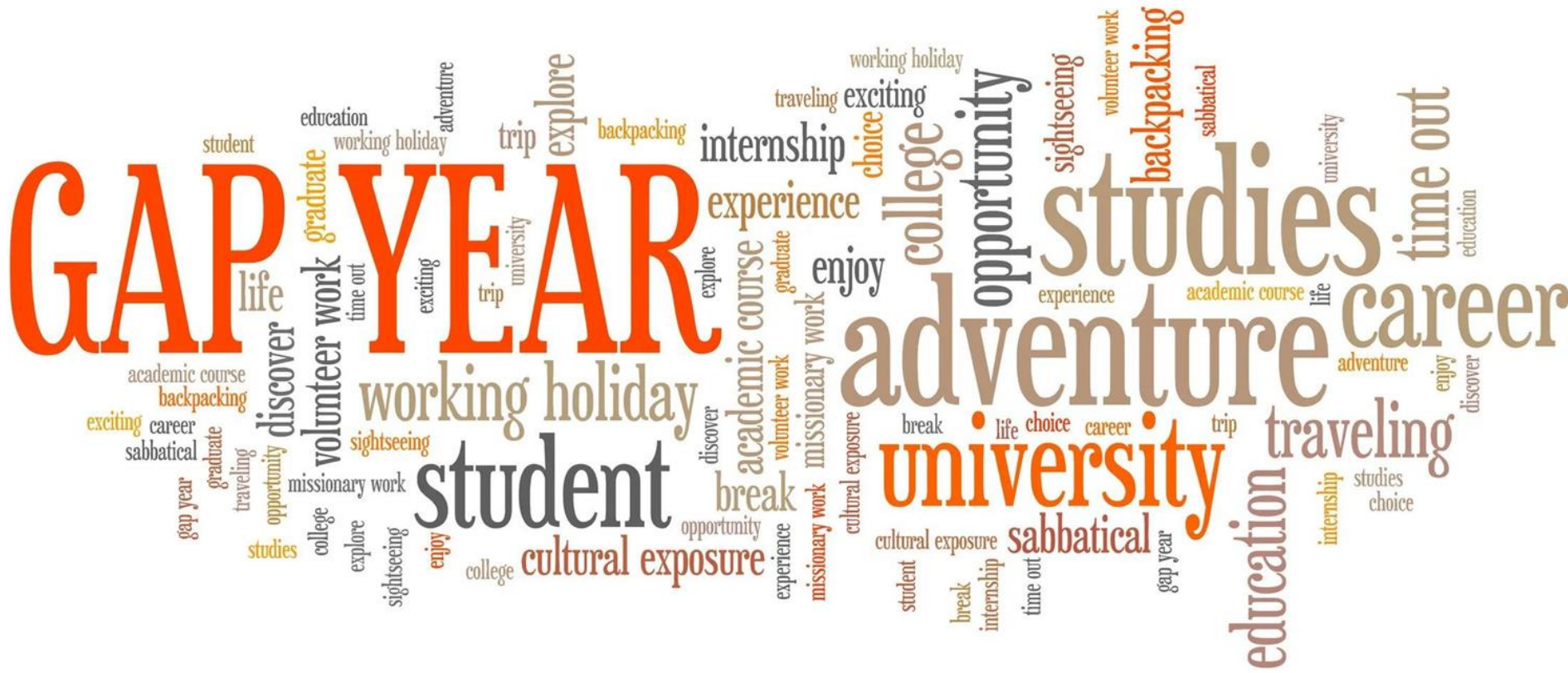
Student Finance

Student Finance Calculator – Rough Estimate

www.gov.uk/student-finance-calculator

Affordability Calculator

https://www.moneysavingexpert.com/students/university-living-costs-calculator/?_gl=1*4ta150*FPAU*ODcxMjk1MjQyLjE3NTg1NTgxNDU.*_ga*MjlxMjQ3OTI4LjE3NTg1NTgxNDU.*_ga_X74CWQS9F0*czE3NTg2MjIwMTEkbzlkZzAkDE3NTg2MjIwMTEkaYwJGwwJGgyMTA5Nzg0NjA2





- Internships
- Travel
- Volunteering
- Working



A gap year offers students a break to gain life experience, explore interests, and grow personally.

Benefits include increased maturity, improved self-confidence, and greater clarity about academic and career goals. It can also provide opportunities for travel, volunteering, internships, or earning money, which can enrich CVs and future university or job applications.

Students should research options and make a plan looking at the logistics of travelling and how much it will cost.



Gap Year Abroad with Volunteering

- <https://projecttrust.org.uk/>
- <https://jenza.com/uk/?ipredirect=true>

Gap Year

- <https://www.skifamille.co.uk/ski-jobs/>
- <https://coolskijobs.com/jobs/>
- <https://www.workaseason.com/>
- <https://www.interrail.eu/en/interrail-passes/choose-right-interrail-pass>
- <https://www.oysterworldwide.com/project/canada-whistler-blackcomb-ski-instructor-jobs/>
- <https://yearoutgroup.org/>

Volunteering

- https://www.realgap.co.uk/volunteering?#search_page_area_1
- <https://www.iwill.org.uk/young-people-are-still-waiting-to-be-heard/>
- https://www.yipiyap.co.uk/become-a-_yipiyap?utm_source=ucas.com&utm_medium=webpage&utm_campaign=recruitment_summer_2023&utm_term=life_changing_professionaldevelopment&utm_content=gapyear_ideas&utm_position=list

Internships

- <https://studentladder.co.uk/year-13/gap-year-placements/>
- <https://www.etrust.org.uk/the-year-in-industry>



Plymouth School



THANK YOU FOR
YOUR TIME