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| Headteacher | Stuart Koehler-Lewis |
| Deputy Headteacher | Hannah Martin |
| Designated Safeguarding Lead | Joe Ellerton |
| Reviewed | April 2025 |
| Next Review | April 2026 |

Our Ambition

Through consistently delivering the best possible curriculum and unlocking its potential for all learners, we aim to empower young people to have the knowledge and skills they need to be successful in life and make a positive difference to their communities.

Our Vision

Our vision is 'achieving excellence through curriculum and culture'. We seek to instill a culture of respect across our school where students are taught and encouraged to respect themselves, respect others and respect the environment around them. An integral part of this is the way in which our students dress themselves to come to school.

Purpose

The purpose of this policy is to provide clear guidance to parents/carers, staff, students, and other stakeholders about the expectations of the school regarding uniform.

Our School uniform is:

- an important part of our identity and helps to support promoting an ethos of inclusion for all students;
- used to encourage an atmosphere of self-awareness and mutual respect;
- in place to prepare students for future careers and workplaces where there are often uniform requirements, or dress codes to adhere to;
- used to promote Plymstock School in the community through wearing our uniform with pride.

In appendix B there are some further reasons for a correctly-worn school uniform.

It is everyone's personal responsibility to ensure the full school uniform is always worn with pride and correctly. Parent/Carer and student co-operation is of fundamental importance in supporting to maintain this high standard.

Students are expected to wear the correct uniform at all times (other than specified non-school uniform days or days when adjustments are made i.e. due to the environmental temperature) while:

- On the school premises
- Travelling to and from school
- At out-of-school events or on trips that are organised by the school, or where they are representing the school (if required)

Parents are expected to contact their child's Head of Year if they want to discuss an amendment to the uniform policy in relation to any protected characteristic not already catered for through this policy.



Uniform and PE Kit Requirements

1. School Blazer - Navy blue with school badge
2. Shirt – A plain white formal shirt which buttons up to the neck.
3. Tie - The Plymstock tie worn on a white shirt buttoned to the neck. Both clip-on and full-length ties are available for purchase. Full length ties must have a minimum of 8 stripes showing to match the clip-on tie. (You can choose which to purchase)
4. Trousers - Plain, dark grey formal tailored school (or suit-style) trousers. Trousers that are skin-tight, denim, made of heavy cotton material, contain Lycra, or similar stretchy/elastic fabric that would cause them when worn to look skintight/tapered are not permitted. Trousers should be sufficiently long to cover socks. Alternatives such as jeans/denim, cotton, leggings, chinos or jeggings are not part of the uniform and therefore not permitted.
5. Shorts - Plain, dark grey, formal tailored knee-length school shorts (same material as school trousers). Alternatives such as cargo, sportswear, swimming, beach, PE, jean, cord, Lycra, chino or jersey shorts are not permitted.
6. Skirts - should be worn correctly (waist band showing) and the length should be no higher than just above the knee.
 - a. Skirts Year 7-11 – When a skirt is worn, the Plymstock School pleated skirt is compulsory for students in Years 7-11. The skirt should not be altered or tailored to be intentionally shorter in length.
7. Jumper – a plain navy **v-neck** jumper or a school navy v-neck jumper with the school badge is optional and must be worn under the blazer and not instead of. No other item should be worn under the blazer and over the shirt. On days where blazers are not required to be worn the jumper should not be worn to replace the blazer.

A school-provided 'hoodie' is available for students in Year 11 that meet certain criteria and may be issued during the Spring Term of Year 11. This can be worn under or instead of the Plymstock school blazer.
8. Socks - Plain dark grey, black, white or navy only. Socks over the knee are not permitted
9. Tights - Plain dark grey, or black only.

10. Shoes - Flat footwear, plain black leather or leather look. The following are not permitted: canvas, suede, high heels, boots, pumps, open-toed or open-heeled shoes. Please be aware that some manufacturers label such shoes as 'school' shoes.



11. Belts - If worn, should be plain black.

12. **School bag** – A rucksack, designed to be worn on both shoulders, to carry stationery equipment, a drink bottle, PE kit, mobile phone etc. Capacity should be to carry A4 size to contain schoolbooks and equipment/kit for the day. Any colour or style is permitted.



If students have an unforeseeable problem with their uniform at any point during the year they should bring a note with them with the problem and the date when the item will be replaced. Where possible, a replacement item will be provided by the school on a loan basis. If issues persist, consequences will be applied.

Please note that the items of school uniform are available from:

Trutex Schoolwear and More, Sugar Mill Retail Park Plymouth (online option available) Southwest Uniforms, Mayflower Street, Plymouth (online option available)

Further uniform guidelines

- **Outdoor Coats** - These should be predominantly one colour (waterproof and with reflectors is recommended for the winter months), plain in style and not made from denim or leather. Coats may be worn as an additional item of clothing to and from school but not instead of the school blazer. Coats must be removed **when in classrooms (when entering)**. Hoodies, cardigans, and non-uniform jumpers are not permitted as outdoor coats or additional layers under or on top of the blazer.
- **Scarves & Gloves** - These can be worn when outside but must be removed in classrooms. They should be predominantly one colour.
- **Hair** - Hair styles should be well groomed, neat and of a natural colour. No 'extremes' of fashion are permitted, specifically 'un-natural colours' and patterns/words shaved into the hair, coloured braids or additional hair accessory items e.g. hair tinsel
- **Make up** - Years 7 and 8 - no make-up permitted. Years 9-11 - subtle and natural looking make up is permitted. False eye lashes are not permitted
- **Nails** – These should be a natural colour and to the end of the fingertip due to health and safety concerns in practical lessons like Food, PE and Product Design. Students will be asked to remove acrylic / false nails. Students are allowed neutral-coloured nail varnish. If the student refuses, the matter will be dealt with according to the Culture and Expectations Policy.
- **Permanent tattoos** - These are not legally permitted on any person under the age of 18
- **Jewellery** - Only one small stud in each ear is permitted. No other jewellery is permitted in the ears in the interest of health and safety for all students (Ear stretchers, hoops, spikes, hanging piercings or a stud are not permitted for health and safety reasons.).

If a student wears any non-permitted jewellery they will be asked to remove it. If the student refuses, the matter will be dealt with according to the Culture and Expectations Policy.

Where students are wearing permitted studs, they must be removed for PE, sports, and physical activity (inc. use of the 3G pitches during breaks).

- **Nose piercings** – These are not permitted in school. If a student has a previously healed nose piercing, they can wear a small transparent retainer stud whilst they are in school.

Guidance- students wishing to obtain a new piercing need to consider that it can take up to twelve weeks to heal and therefore need to factor in this timeframe so that any additional piercing beyond the permitted one small stud in each ear can be removed when returning to school.

- **Standard watches** - These are permitted but the school accepts no responsibility in the event of loss or damage. Smart watches with internet connectivity are not permitted in school. This mirrors the school position on electronic devices which includes mobile phones.
- **Equipment for Learning**- Super 7 which includes; black pen, green pen, pencil, ruler (15cm or 30cm), eraser, scientific calculator, highlighter pen (year 7 & 8 require a reading book in addition, for their tutor reading and accelerated reader)

Super 7



PE KIT

Compulsory: Students are required to wear at least one item from A, B and C.



- Socks - Long black socks are compulsory for the following activities: Football, Rugby and Hockey. This is to ensure shinpads are safely secured for these activities. Students are permitted to wear short white socks instead of long black games socks for any other activity.
- Shinpads- these are required for Football, Rugby and Hockey and once purchased in year 7 can be used from year 7-11.
- Studded footwear – If you are purchasing boots for school only, **to maximise use and reduce cost, we strongly recommend that you only purchase moulded boots which can be used for both football and rugby.** These can also be used for recreational play during break 1 and 2 on the Astroturf.

NB. Gum shields can be worn for Hockey and Rugby. They are recommended by governing bodies but are not compulsory.

All items can be purchased from Kitworld, either by visiting their shop at 319/320 Faraday Mill, Plymouth PL4 0ST or via the Plymstock shop on their website: <https://kitworld.uk/product-category/school-clubs/plymstock-school>. Items can be purchased individually or as part of a bundle.

Support

Parent, carers and students will know what the school uniform is in the following ways:

- A leaflet describing the school uniform is sent home to Year 6 students in the summer term before they join the school.
- Uniform information is published on the Plymstock School website
- Termly reminders will be given in Assemblies
- Posters will be displayed in all tutor bases

Uniform Support

Pre-owned uniform can benefit parents/carers financially and benefits the environment by extending the life of garments making them more sustainable. Plymstock School has some pre-owned school uniform and PE kit available for parents/carers to acquire via the 'Plymstock School Uniform Swap' on the School Facebook group, by paying a reduced fee for the item. Visit the 'Plymstock School Uniform Swap' on the School Facebook page.

Alternatively, parent/carers can use this site to purchase an item or swap an item of equivalent condition to further reduce the cost.

Uniform Support Room

The School has purchased uniform to support those students that arrive to School without the correct items of uniform. The student will be greeted at the School 'ECO' entrance and directed to the Uniform Support Room. The loan of the required item/s of uniform will be for the School day and are expected to be returned at the end of the School day to the same place. Students will be asked to leave an item as a deposit for the day.

Additional Information

The School reserves the right to make the final decision on what is and what is not acceptable. All items brought into School are the student's responsibility. We strongly recommend labelling items.

Please note that the items of School uniform are available from:

Trutex Schoolwear and More, Sugar Mill Retail Park Plymouth (online option available) Southwest Uniforms, Mayflower Street, Plymouth (online option available)

A contribution to support the costs of uniform is available, where appropriate, particularly for students who are eligible for the Student Premium.

Uniform Infringements

- Students inappropriately dressed for school will be required to adhere to the uniform policy.
- On the first day of every term, a full uniform audit is carried out. If students are not correctly attired, the Pastoral team will endeavour to contact parent/carers to address concerns related to uniform that cannot be removed or rectified on the first day. On the second day the Culture and Expectations policy will be followed meaning they will be referred to Internal Reflection until parents/carers can provide the item or a loan item can be provided by the school.
- Non-uniform items should be removed by the student before entering the school site. Where they are not removed, prohibited items of clothing or accessories including jewellery will be confiscated, if seen.
- Confiscated items of clothing will be returned to the student at the end of the School day 3.10pm from their Year group Hub area. Where these are jewellery, they will be placed in an envelope with the student's name on.
- Students should be sent to remove make-up or coloured nail varnish in the 'ECO' area on entering the School site.
- Students refusing to remove items will be seen by their Head of Year, Behaviour Team or a member of the Senior Leadership Team.
- Parents should be providing the student with a note if they do not have the right item of uniform, detailing when the item will be replaced.

Consequences will be used to ensure that standards of uniform remain high.

With regards to maintaining high standards of uniform, Reset may be used when:

- A student does not follow staff instructions to
 - adjust their uniform, when asked
 - pause (stop) for a staff member

With regards to maintaining high standards of uniform, Internal Reflection may be used when:

- A student presents with an issue that cannot be resolved immediately through other supportive measures available to the school. Examples include:
Unsuitable hairstyles, unhealed piercings or false nails that a student wants to but cannot remove (the student will be in our Internal Reflection Room until the item can be removed, or the hair dyed to a natural colour or the style corrected)
- A student has refused the support offered by the school
- A student has become rude, aggressive and/or confrontational in response to being challenged for their uniform/appearance.

Students will remain in Internal Reflection until the issue is resolved. If a student manages to resolve their uniform/appearance issue and has demonstrated a willingness to cooperate with the school, they will be returned to lessons with a late note.

PE Curriculum Map 2024 – 2025

This is to support our students knowing what PE kit is required throughout the academic year.

This will be updated at the start of September for 2025-26 curriculum.

| | | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|---------|----------------|--|--|--|--|---|---|
| Year 7 | Me in PE | SOCIAL ME Personal Behaviour | SOCIAL ME Motivating and Influencing Others | SOCIAL ME Communication and Teamwork | THINKING ME Evaluating and Improving | HEALTHY ME Body Management | EMPLOYABLE Self-Motivation |
| | PHYSICAL ME | Set 1 Basketball Set 2 Basketball Set 3 Football Set 4 Football Set 5 Football & Basketball | Set 1 Netball Set 2 Netball Set 3 Tag Rugby Set 4 Tag Rugby Set 5 Tag Rugby | Set 1 Football Set 2 Gymnastics Set 3 Hockey Set 4 Basketball Set 5 Fitness | Set 1 Gymnastics Set 2 Football Set 3 Basketball Set 4 Hockey Set 5 Badminton | Set 1 Athletics Set 2 Rounders Set 3 Athletics Set 4 Cricket Set 5 Rounders | Set 1 Rounders Set 2 Athletics Set 3 Cricket Set 4 Athletics Set 5 Athletics |
| Year 8 | Me in PE | THINKING ME Decision Making | SOCIAL ME Communication and Teamwork | THINKING ME Problem Solving | EMPLOYABLE ME Integrity | HEALTHY ME Stress Management | EMPLOYABLE ME Self-Motivation |
| | PHYSICAL ME | Set 1 Football Set 2 Netball Set 3 Table Tennis Set 4 Fitness Set 5 Netball | Set 1 Netball Set 2 Football Set 3 Fitness Set 4 Table Tennis Set 5 Gymnastics | Set 1 Gymnastics Set 2 Fitness Set 3 Football Set 4 Badminton Set 5 Badminton | Set 1 Fitness Set 2 Gymnastics Set 3 Badminton Set 4 Football Set 5 Table Tennis | Set 1 Tennis Set 2 Athletics Set 3 Rounders Set 4 Athletics Set 5 Athletics | Set 1 Athletics Set 2 Tennis Set 3 Athletics Set 4 Rounders Set 5 Cricket |
| Year 9 | Me in PE | THINKING ME Evaluating and Improving | EMPLOYABLE ME Self-Motivation | EMPLOYABLE ME Leadership | HEALTHY ME Body Management | THINKING ME Innovation | EMPLOYABLE ME Resilience |
| | PHYSICAL ME | Set 1 Fitness Set 2 Badminton Set 3 Basketball Set 4 Hockey Set 5 Netball | Set 1 Badminton Set 2 Fitness Set 3 Hockey Set 4 Basketball Set 5 New Hall | Set 1 Netball Set 2 Basketball Set 3 Football Set 4 Volleyball Set 5 Football | Set 1 New Hall Set 2 Netball Set 3 Volleyball Set 4 Football Set 5 Basketball | Set 1 Table Tennis Set 2 Striking & Fielding Set 3 Tennis Set 4 Striking & Fielding Set 5 Volleyball | Set 1 Striking & Fielding Set 2 Table Tennis Set 3 Striking & Fielding Set 4 Tennis Set 5 Striking & Fielding |
| Year 10 | Me in PE | SOCIAL ME Personal Behaviour | EMPLOYABLE ME Integrity | SOCIAL ME Motivating and Influencing Others | HEALTHY ME Emotional Wellbeing | THINKING ME Evaluating and Improving | EMPLOYABLE ME Self-Motivation |
| | PHYSICAL ME | Set 1 Fitness Set 2 Netball Set 3 Football Set 4 Football Set 5 Trampolining | Set 1 Netball Set 2 Fitness Set 3 Football Set 4 Football Set 5 Trampolining | Set 1 Football Set 2 Football Set 3 Badminton Set 4 Hockey Set 5 Table Tennis | Set 1 New Hall Set 2 Badminton Set 3 Hockey Set 4 Badminton Set 5 Football | Set 1 Cricket Set 2 Tennis Set 3 Handball Set 4 Striking & Fielding Set 5 Badminton | Set 1 Rounders Set 2 Rounders Set 3 Striking & Fielding Set 4 Tennis Set 5 Striking & Fielding |
| | Me in PE | HEALTHY ME Emotional Wellbeing / Stress Management | SOCIAL ME Motivating and Influencing Others | EMPLOYABLE ME Resilience | HEALTHY ME Body Management | EMPLOYABLE ME Self-Motivation | EMPLOYABLE ME Self-Motivation |

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|----------------|-------------|--|--|---|--|---|---|
| Year 11 | PHYSICAL ME | Set 1 Netball Set 2 Fitness Set 3 Football Set 4 Football Set 5 Trampolining | Set 1 Fitness Set 2 Netball Set 3 Football Set 4 Football Set 5 Trampolining | Set 1 Badminton Set 2 New Hall Set 3 Fitness Set 4 Hockey Set 5 Badminton | Set 1 New Hall Set 2 Badminton Set 3 Basketball (half) Set 4 Fitness Set 5 Table Tennis (half) | Set 1 Options Set 2 Options Set 3 Options Set 4 Options Set 5 Options | Set 1 Options Set 2 Options Set 3 Options Set 4 Options Set 5 Options |
|----------------|-------------|--|--|---|--|---|---|

PE Curriculum Navigation

Students will be informed of their set for 25-26 prior to the end of the summer term for years 8-11. Year 7 will know on their first day in September.

Once you know the set you can then see the activity being taught each half term alongside the ME in PE focus e.g. Year 7 Set 1, Term 1 Basketball, SOCIAL ME (Personal Behaviour)

Appendix A

Struggling to meet the cost of school uniform?

In the first instance, contact your child's Pastoral Team who will be able to offer advice and support.

Alternatively, review the uniform support section below.

Uniform Support

A contribution to support the costs of uniform is available, where appropriate, particularly for students who are eligible for the Student Premium.

Visit the 'Plymstock School Uniform Swap' on the School Facebook page to find some pre-owned school uniform and PE kit available for parents/carers to acquire by paying a reduced fee for the item.

Uniform Support Room. The School has purchased uniform to support those students that arrive to School without the correct items of uniform. The loan of the required item/s of uniform will be for the School day and in certain circumstances can be extended to an agreed date to support the parent/carer until they can obtain the required item.

Efforts made by the school to reduce the cost of the uniform

- Jumper- this is an optional item and there is a non-branded option available to support reducing the cost
- Skirt- The school will provide a subsidy for the cost of a skirt up to a maximum of two skirts per family in preparation for the academic year 2025/26.
- The school will continue to co-ordinate opportunities for swapping of uniform items or to obtain second hand items to reduce costs.

Appendix B

Why School Uniforms?

Create cohesion and belonging

When students all wear the same clothing every day at school, it levels the playing field. Expectations of what to wear are clearly defined and children develop a greater sense of equality.

Children of all socioeconomic backgrounds begin from the same starting point. Without uniforms, children from some backgrounds could feel isolated if their parents are unable to afford the latest styles of branded clothing.

Creating a standard promotes the idea that we are all the same. Children come together from different backgrounds and can immediately identify a fellow member of their community from the clothes that they wear, breeding a sense of cohesion and belonging.

Without school uniforms, the potential for children to tease and make fun of one another is increased. People use clothing to express themselves; children are no different in this regard. Sometimes, these differences can be amplified by socioeconomic disparities between one child's family and another.

Improve study ethic

If a child feels like they don't fit in, or they don't have the latest and best clothing, it can be damaging to their confidence. A lack of confidence and belonging can be significant barriers to academic growth.

Increase safety

With their school uniform on, children can immediately be recognised at a distance as a member of that school. In a situation where someone who isn't a member of the school is on-site, they can be easily identified as not part of the school.

Fairer dress codes

When a school adopts a uniform, it creates a simple and standardised dress code. When children are allowed to wear what they like, innumerable variations mean schools must adopt a long list of dos and don'ts to formulate their dress code.

Remove peer pressure

Children are often susceptible to some form of peer pressure but adopting a school uniform can remove one form of it. Without a uniform, children can develop expectations about what should be worn to fit into a certain group. Children divide themselves into cliques and the sense of togetherness that a uniform brings is lost.

Prepare for the outside world

School uniforms prepare children for formal scenarios that we all encounter in our lives. Depending on the situation, we're expected to dress and look a certain way. Job interviews are a good example. Dressing professionally in working environments is expected in adulthood, and this understanding is developed through a school uniform.

Easier mornings for students and parents

As any parent knows, weekday mornings can be chaotic. It can be tricky enough to get yourself ready for work without having to worry about how your child is getting on too. That problem is amplified if your child doesn't have a school uniform to put on each morning, as they take their time to decide what to wear. Uniforms remove one more thing from the 'to-do' list of mums and dads every day.

Encourage professionalism

Some people believe that school uniforms contribute positively to a child's behaviour in school. Their uniform develops an affinity with learning. Once they put it on, their purpose is to work hard at their studies. A sense of professionalism develops within each child, contributing to more focus in the classroom.

Reduce Distractions

Uniforms make for one less distraction during school. By wearing what they like, children can become more focused on their school status rather than their studies. Fashion trends and owning the latest styles become the priority, and it could lead to a downturn in that child's progress at school.

Focus on character

Without a uniform, what they wear can end up defining your child rather than the content of their character. Children should be prioritising the development of their character, having the confidence to be who they are and not be defined by material things like the clothes they wear.

With a school uniform, your child can express themselves in more meaningful ways, which helps to develop their creativity.

Easier economics for parents

Children can be demanding when they notice their friends have something they don't. Without a uniform, the potential for this to happen with clothing increases. Children may put their parents under pressure to buy them a new wardrobe every season or capitalise on every new trend that sweeps through the school.

With school uniforms, economics is made easier for parents. You know exactly what to buy and when to buy it, and often uniform can be used for more than one school year. School uniforms are robust and designed for longevity. They'll last much longer than your child's other clothing, helping you save money by not having to replace them as often.

Appendix C

An Equality Impact Assessment has been completed alongside a review of this policy.

Public Sector Equality Duty – Please state below how the policy meets the Public Sector Equality Duty to:

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| Eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Equality Act 2010 | The policy allows for reasonable adjustments to be made that may arise for students based on protected characteristics. The EIA has taken place to ensure any potential areas of concern are addressed and mitigations put in place. |
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| Advance equality of opportunity between people of different groups. | When students all wear the same clothing every day at school, it levels the playing field. Expectations of what to wear are clearly defined and children develop a greater sense of equality. |
| Foster good relations between people of different groups. | <p>Children of all socioeconomic backgrounds begin from the same starting point. Without uniforms, children from some backgrounds could feel isolated if their parents are unable to afford the latest styles of branded clothing.</p> <p>Creating a standard promotes the idea that we are all the same. Children come together from different backgrounds and can immediately identify a fellow member of their community from the clothes that they wear, breeding a sense of cohesion and belonging.</p> |